AGE OF AQUINAS

a Bay Area group for Christian singles 40+

Next Transitions meeting: Wednesday, September 2, 7:30 pm
Next Shoreline hike: Saturday, September 5, 9:00 am
Next Edgewood hike: Saturday, September 5, 9:00 am
Next free Shakespeare: Saturday, September 5, 6:00 pm

Hike Report - Shoreline:
Report courtesy of Carrie:
While there were a dozen people who started out, we were joined by a charity race. There were about 10 times the usual number of people on the trail from the lake into the Baylands. We saw a lot of white pelicans, several greater yellowlegs, avocets, godwits, a beautiful great blue heron, one lone night heron hiding in the bulrushes, both kinds of egrets, and the rest of the usual suspects ..., er, ... birds.

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Even at 9 am, it was quite warm and got hotter by the time we arrived back at the Shoreline Café, where we were joined by several other people for lots of conversation and merriment. In other words, it was the usual people, the usual hike, and the usual good time!

Coming up: The usual every Saturday hike at Shoreline, and the usual *first* Saturday hike at Edgewood. Also, there's a Transitions support group meeting Wednesday. See below for details. And for the latest on *all* the upcoming events, visit: http://paloaltocatholic.org/aofa.html.

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Wednesday, September 2, 2009, 7:30 pm: *Transitions Support Group* - Palo Alto
Transitions is a *drop-in* support group for those who are undergoing the transition from couple-hood to single-hood. If you or someone you know has suffered the breakup of a marriage or significant relationship, this group may be helpful. The meetings are informal and unstructured, confidential and safe. We have a small lending library of helpful books you may borrow, keep, or pass on to others. There are no age boundaries.
Cost: There is no charge.
Location: St. Thomas Aquinas Pastoral Center, 3290 Middlefield Rd, Palo Alto, 94306. If it's not too cold, we might meet in the Garden behind the building...
Map:
http://maps.yahoo.com/py/maps.py?&addr=3290+Middlefield+Rd&csz=Palo+Alto+CA+94306
More information: http://paloaltocatholic.org/AofA.html or contact Randy Jones, 408.739.2881, transitions@paloaltocatholic.org.

***** Meetings are 1st & 3rd Wednesdays *****

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Saturday, September 5, 2009 @ 9 am: *Shoreline Park Hike & Coffee* - Mountain View
Meet at *Lakeside Cafe* in Mountain View's Shoreline Park at 9 am. We'll start off from there and walk for about a half hour, then turn around and walk a half hour back to the café for coffee and/or brunch about 10:00 or 10:15 am. You don't have to make the hike to come to coffee! The hikes go on regardless of temperature, sky condition, or precipitation state!
Directions to Lakeside Café:
From northbound 101, take the Shoreline Blvd exit (*CAUTION!* Slow down! Tight off-ramp curve!) and turn right at the light (NOTE: *No* right on red).
From southbound 101, take the Shoreline Blvd exit and turn left at the light.
Once on Shoreline Blvd, follow it about 2 miles to the Lakeside Cafe parking lot. We will gather near the breezeway between the cafe and the aquatic center.
Map:
http://maps.yahoo.com/maps_result?addr=3160+n+shoreline+blvd&csz=mountain+view+ca++94043
More information: Visit http://paloaltocatholic.org/aofa.html, call Randy on 408.739.2881 or Email: age-of-aquinas@paloaltocatholic.org.
***** These hikes are every Saturday *****

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Saturday, September 5, 2009 @ 9:00 am: *Edgewood Park Hike and Coffee* - Redwood City
Meet in the INNER parking lot of Edgewood Park at 9 am. *Look for the* ***"Age of Aquinas *** Gather Here"*** *sign.* This is a hike that will take you up and down, in sun and shade, amidst grasses, trees and wildflowers, for about an hour and a quarter. Afterwards gather at a nearby eatery, about 10:30 am, for coffee, brunch, or lunch.
Time: 9:00 am.
Directions to Edgewood Park:
From the 101, take the Whipple Ave exit and travel through town West to Alameda de Las Pulgas. There turn right and go about 1/4 mile to Edgewood Rd. There turn left and follow Edgewood about 2 miles to the Park Entrance on your left.
Map:
http://maps.yahoo.com/maps_result.php?q1=us-101+%26+whipple+ave%2C+redwood+city%2C+ca+94063.
From I-280, take the Edgewood Road exit and go East toward Redwood City about 1/2 mile to the park entrance on your right.
Map:
http://maps.yahoo.com/maps_result.php?q1=i-280+%26+edgewood+rd%2C+redwood+city%2C+ca+94062.
More information: Visit http://paloaltocatholic.org/AofA.html, or contact Josephine, 650.619.4024, or Randy, age-of-aquinas@paloaltocatholic.org.
***** Hikes are on the 1st Saturday of the month*****

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Saturday, September 5, 2009 @ 6:00 pm: *Free Shakespeare* - Saratoga
Come enjoy *As You Like It,* Shakespeare's classic pastoral comedy through the eyes of a young Jane Austin. The play starts at 7:00pm. However, plan to be there by **6:00** to get a seat and parking at a reasonable distance. Bring a picnic dinner to eat before the show. Seating is on a first-come, first-served basis. Dress in layers - it can get cooler as the evening advances.
Look for the **red** balloons to find our group.
Time: 6:00 arrival. Call or write for carpool information.
Cost: *FREE!*
Location: Skyline-Sanborn Park, 16055 Sanborn Rd (2½ miles up Hiway 9 from Saratoga) 95070
Map: http://maps.yahoo.com/maps_result.php?q1=16055+sanborn+rd+saratoga+ca+95070
More information: Email Kathy kathy_gannon@yahoo.com to arrange a meeting place and/or carpool, or call Randy, 408.739.2881, or visit http://paloaltocatholic.org/aofa.html.