

# AGE OF AQUINAS

a Bay Area group for Christian singles 40+

(Click [here](#) to unsubscribe from this newsletter. Thanx!)

**Next Transitions meeting: Wednesday, October 7, 7:30 pm**

**Next Shoreline hike: Saturday, October 10, 9:00 am**

**Next Los Gatos Creek hike: Saturday, October 10, 9:00 am**

**Harvest/Halloween Dance: Saturday, October 24, 8:00 pm**

**COMING SOON! Yahoo Group for Age of Aquinas!**

## **Hike Report - Shoreline:**

Report courtesy of Carrie:

Eight people started out, one man and 7 women. Two more people joined us on the way, then another 4 people came to coffee at the cafe. Overall, it was a very small group, but the weather was great!



Wonderful fall weather with a good breeze! In keeping with the people, though, there were very few birds out as well. Maybe everyone and everything was sleeping in today.

## **Hike Report - Edgewood:**

Report courtesy of Josephine:

We had a pleasant hike, the weather was beautiful, we saw a pack of deer (pictures below)...birds, flowers, as usual.... It is such a peaceful and amazing place to hike... very quiet and with magnificent scenery.



**Coming up:** For anyone going through the *transition* from couple-hood to single-hood, there's the Transitions support group meeting this Wednesday. Then there's another regular Shoreline hike (rain or shine of course!), and the once monthly Los Gatos Creek Trail hike next week. And of course there is the Harvest/Halloween Dance on October 24. See below for details. And for the latest on *all* the upcoming events, visit: <http://paloaltocatholic.org/aofa.html>.

The new Yahoo Group called Age-of-Aquinas continues to grow. You can check it out at <http://groups.yahoo.com/group/age-of-aquinas>. Eventually these hike reports and all Age of Aquinas email communication will start coming from that address.

## **Wednesday, October 7, 2009, 7:30 pm: Transitions Support Group - Palo Alto**

**Transitions** is a *drop-in* support group for those who are undergoing the transition from couple-hood to single-hood. If you or someone you know has suffered the breakup of a marriage or significant relationship, this group may be helpful. The meetings are informal and unstructured, confidential and safe. We have a small lending library of helpful books you may borrow, keep, or pass on to others. There are no age boundaries.

**Cost:** There is no charge.

**Location:** St. Thomas Aquinas Pastoral Center, 3290 Middlefield Rd, Palo Alto, 94306.

**Map:** <http://maps.yahoo.com/py/maps.py?&addr=3290+Middlefield+Rd&csz=Palo+Alto+CA+94306>

**More information:** <http://paloaltocatholic.org/AofA.html> or contact Randy Jones, 408.739.2881, [transitions@paloaltocatholic.org](mailto:transitions@paloaltocatholic.org).

**\*\*\* Meetings are 1st & 3rd Wednesdays \*\*\***

