AGE OF AQUINAS

a Bay Area group for Christian singles 40+

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Next Shoreline hike: Saturday, May 1, 9:00 am
Next Edgewood hike: Saturday, May 1, 9:00 am

Hike Report - Shoreline:
Newton's Third Law of Motion states (minus the math) that for every action there is an equal and opposite reaction. Well, this concept extends well beyond physics. For example, you've heard "Haste makes waste", right? But you've also heard "One who hesitates is lost". So for every maxim, there also appears to be an equal and opposite re-maxim!

Well then, should we hurry up and be in the lead pack? Or should we hang back and bring up the rear. Each has its rewards... and penalties. Last week only those bringing up the rear saw a beautiful Ring Necked Pheasant. This week the leaders escaped being accompanied along the path by clouds of bugs. So whether you lead or follow, there's always something to tell about afterward at coffee. See you next Saturday?

Coming up: Next Saturday is the regular hike and Shoreline. There's also the regular first-Saturday hike at Edgewood Park. See below for details. The summary of events coming up in May will be out shortly, so watch your emailbox.

There are still many opportunities to contribute your time and talents to Age of Aquinas activities. You can take on as much or as little as you want. If you're interested in finding out more about this important ministry, email Randy at *age-of-aquinas@paloaltocatholic.org* or call: 408.739.2881. Thank you!

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Saturday, May 1, 2010 @ 9 am: *Shoreline Park Hike & Coffee* - Mountain View
Meet at *Lakeside Cafe* in Mountain View's Shoreline Park at 9 am. We'll start off from there and walk for about a half hour, then turn around and walk a half hour back to the café for coffee and/or brunch about 10:00 or 10:15 am. You don't have to make the hike to come to coffee! The hikes go on regardless of temperature, sky condition, or precipitation state!
Directions to Lakeside Café:
From northbound 101, take the Shoreline Blvd exit (*CAUTION!* Slow down! Tight off-ramp curve!) and turn right at the light (NOTE: *No* right on red).
From southbound 101, take the Shoreline Blvd exit and turn left at the light.
Once on Shoreline Blvd, follow it about 2 miles to the Lakeside Cafe parking lot. We will gather near the breezeway between the cafe and the aquatic center.
Map:
http://maps.yahoo.com/maps_result?addr=3160+n+shoreline+blvd&csz=mountain+view+ca++94043
More information: Visit http://paloaltocatholic.org/aofa.html, call Randy on 408.739.2881 or Email: age-of-aquinas@paloaltocatholic.org.

***** These hikes are every Saturday *****

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Saturday, May 1, 2009 @ 9:00 am: *Edgewood Park Hike and Coffee* - Redwood City
Meet in the INNER parking lot of Edgewood Park at 9 am.
*Look for the **"Age of Aquinas *** Gather Here"** sign.*
This is a hike that will take you up and down, in sun and shade, amidst grasses, trees and wildflowers, for about an hour and a quarter. Afterwards gather at a nearby eatery, about 10:30 am, for coffee, brunch, or lunch. Since the paths are not paved, if it's pouring down rain, we won't hike.
Time: 9:00 am.
Directions to Edgewood Park:
From the 101, take the Whipple Ave exit and travel through town West to Alameda de Las Pulgas. There turn right and go about 1/4 mile to Edgewood Rd. There turn left and follow Edgewood about 2 miles to the Park Entrance on your left.
Map:
http://maps.yahoo.com/maps_result.php?q1=i-280+at+edgewood+rd+redwood+city+ca+94062.
From I-280, take the Edgewood Road exit and go East toward Redwood City about 1/2 mile to the park entrance on your right.
Map:
http://maps.yahoo.com/maps_result.php?q1=i-280+at+edgewood+rd+redwood+city+ca+94062.
More information: Visit http://paloaltocatholic.org/AofA.html, or contact Josephine, 650.619.4024, or Randy, age-of-aquinas@paloaltocatholic.org.

***** Hikes are on the 1st Saturday of the month*****