

AGE OF AQUINAS

a Bay Area group for Christian singles 40+

Next hike: Saturday, August 16, 9:00 am
TONIGHT! Ladies Night Out, August 9, 7:30 pm

"As constant as sunshine!" That's the way someone described these Saturday morning hikes. And they couldn't have come closer to the truth. Because even when the sky is filled with clouds (or smoke!) the sun is shining above them. And we are hiking! So we are as constant as sunshine.



So we started out as a clump of comrades, but by the time we reached the 4-corners, we had spread out some. That's one of the beauties of these weekly walks... you can always proceed at your own comfortable pace. We went straight through the 4-corners on into the PA Baylands and turned around at the bench. Most of us made the "benchmark" and reconvened at the café for coffee and conversation. It was all as constant as sunshine!

Ladies Night Out is TONIGHT! (Men disregard!) Ladies email m-ngo@sbcglobal.net if you want to attend.

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**Every Saturday in August, 2008, 9 am: Shoreline Park Hike & Coffee**

Meet at *Lakeside Cafe* in Mountain View's Shoreline Park at 9 am. We'll start off from there and walk for about a half hour, then turn around and walk a half hour back to the café for coffee and/or brunch about 10:00 or 10:15 am. You don't have to make the hike to come to coffee! The hikes go on regardless of temperature, sky condition, or precipitation state!

**Directions to Lakeside Café:**

**From northbound 101**, take the Shoreline Blvd exit (*CAUTION!* Slow down! Tight off-ramp curve!) and turn right at the light (NOTE: No right on red).

**From southbound 101**, take the Shoreline Blvd exit and turn left at the light.

Once on Shoreline Blvd, follow it about 2 miles to the Lakeside Cafe parking lot. We will gather near the breezeway between the cafe and the aquatic center.

**Map:**

[http://maps.yahoo.com/maps\\_result?addr=3160+n+shoreline+blvd&csz=mountain+view+ca++94043](http://maps.yahoo.com/maps_result?addr=3160+n+shoreline+blvd&csz=mountain+view+ca++94043)

**More information:** Visit <http://palaltocatholic.org/aofa.html>, call Randy on 408.739.2881 or Email: [age-of-aquinas@palaltocatholic.org](mailto:age-of-aquinas@palaltocatholic.org).

**\*\*\* Hikes are every Saturday \*\*\***

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TONIGHT! Saturday, August 9, 2008 @ 8:00 pm: Ladies Night Out - home of Mabel Ngo
(Men, please disregard! ☺)

This is a new monthly event on the *second Saturday of every month*. We go out together as a group, maybe attend a concert, dance, etc. Meet at Mabel's townhome about 8:00 pm. Ladies need to **RSVP by email to Mabel**. Forming new friendships and having gal camaraderie is the goal of this activity! You don't have to attend every month. Only come when you have nothing better to do and would like to go out in a safe environment with a group of friends.

Time: 8:00 arrive at Mabel's house till ??? depending on where we decide to go.

Cost: Variable depending...

Location: 5226 Myna Ct, San Jose, CA 95123. Call 408.623.2763 if you get lost.

Map: http://maps.yahoo.com/maps_result?addr=5226+myna+ct&csz=san+jose+ca+95123.

More information: Visit <http://palaltocatholic.org/AofA.html>, or contact Mabel Ngo by email: m-ngo@sbcglobal.net or age-of-aquinas@palaltocatholic.org.