

# AGE OF AQUINAS

a Bay Area group for Christian singles 40+

Next hike: Saturday, September 6, 9:00 am

Saturday Hike NORTH: September 6, 9:00 am (new time)

Next Star Party: September 6, 7:00 pm (note change of time)

It was kinda cloudy and kinda cool this morning as a chatty group of walkers gathered. But it was also kinda humid and we knew that as soon as we started walking it would get very warm. Summer is definitely not over yet!



We walked along the lakeshore and saw the Canada Geese floating languidly all facing the same direction. Over in the Baylands, the Avocets were back to their relaxed white plumage, the red plumage gone with the end of mating season. Back at the café there were individual announcements of happenings: contra dancing tonight, a movie tomorrow afternoon... If you miss coffee after the hike, you miss the spur of the moment stuff. So don't miss it!

For some of the happenings, see below and <http://paloaltocatholic.org/aofa.html>.



## Every Saturday in September 2008, 9 am: Shoreline Park Hike & Coffee

Meet at *Lakeside Cafe* in Mountain View's Shoreline Park at 9 am. We'll start off from there and walk for about a half hour, then turn around and walk a half hour back to the café for coffee and/or brunch about 10:00 or 10:15 am. You don't have to make the hike to come to coffee! The hikes go on regardless of temperature, sky condition, or precipitation state!

### **Directions to Lakeside Café:**

**From northbound 101**, take the Shoreline Blvd exit (*CAUTION!* Slow down! Tight off-ramp curve!) and turn right at the light (NOTE: *No right on red*).

**From southbound 101**, take the Shoreline Blvd exit and turn left at the light.

Once on Shoreline Blvd, follow it about 2 miles to the Lakeside Cafe parking lot. We will gather near the breezeway between the cafe and the aquatic center.

**Map:** [http://maps.yahoo.com/maps\\_result?addr=3160+n+shoreline+blvd&csz=mountain+view+ca++94043](http://maps.yahoo.com/maps_result?addr=3160+n+shoreline+blvd&csz=mountain+view+ca++94043)

**More information:** Visit <http://paloaltocatholic.org/aofa.html>, call Randy on 408.739.2881 or Email: [age-of-aquinas@paloaltocatholic.org](mailto:age-of-aquinas@paloaltocatholic.org).

\*\*\* Hikes are every Saturday \*\*\*



## Saturday, September 6, 2008 @ 9:00 am: Edgewood Park Hike and Breakfast

Meet at the entrance to Edgewood Park at 9 am. Look for Josephine in the inside parking lot in an Oracle hat and black-and-white t-shirt waiting in the shade. This hike will take you up and down, in sun and shade, amidst grasses, trees and wildflowers, for about 2 hours. Afterwards gather at a nearby eatery, about 11:30 am, for lunch or brunch. There are several choices within minutes of Edgewood, eg. *Canyon Coffee Roastery*, 3203 Oak Knoll Dr., Redwood City, CA 94062, or *Sancho's Taqueria*, right next door to the coffee roastery at 3205 Oak Knoll Dr. We'll decide where to go after the hike. *We always hike, rain or shine!*

### **Directions to Edgewood Park:**

**From the 101**, take the Whipple Ave exit and travel through town West to Alameda de Las Pulgas. There turn right and go about 1/4 mile to Edgewood Rd. There turn left and follow Edgewood about 2 miles to the Park Entrance on your left. **Map:**

[http://maps.yahoo.com/maps\\_result.php?q1=us-101+%26+whipple+ave%2C+redwood+city%2C+ca+94063](http://maps.yahoo.com/maps_result.php?q1=us-101+%26+whipple+ave%2C+redwood+city%2C+ca+94063).

**From I-280**, take the Edgewood Road exit and go East toward Redwood City about 1/2 mile to the park entrance on your right. **Map:**

[http://maps.yahoo.com/maps\\_result.php?q1=i-280+%26+edgewood+rd%2C+redwood+city%2C+ca+94062](http://maps.yahoo.com/maps_result.php?q1=i-280+%26+edgewood+rd%2C+redwood+city%2C+ca+94062).

**More information:** Visit <http://paloaltocatholic.org/AofA.html>, or contact Josephine, 650.619.4024, [josephine.dorval@oracle.com](mailto:josephine.dorval@oracle.com) or [age-of-aquinas@paloaltocatholic.org](mailto:age-of-aquinas@paloaltocatholic.org).

\*\*\* Hikes are the first Saturday of every month \*\*\*



## **Saturday, September 6, 2008, 7:00 pm: Regular Monthly Star Party, Foothills Park, Palo Alto**

*Sponsored by Peninsula Astronomical Society.*

The latest Peninsula Astronomical Society Star Party of the season is **Saturday, September 6!** Bring your telescope and/or binoculars (if you have them) *and* a picnic dinner. While the sun sets and twilight deepens, we'll have our picnic and get our telescopes set up. Dress warmly in layers. Clear nights can get chilly.

**Admission: FREE!!**

**Location:** Meet at the Park'n'Ride at I-280 and Page Mill Rd west of Palo Alto at 7:00 pm. From there we'll carpool to Foothills Park. Any car with a telescope or a Palo Alto resident aboard gets in free. Or you can just tell them at the gate that you are an amateur astronomer participating in the public star party. We will be joining the [Peninsula Astronomical Society](http://www.peninsulaastronomicalsociety.org) for this month's summer star party.

### **Directions:**

[http://maps.yahoo.com/maps\\_result?addr=i-280+%26+page+mill+rd&csz=los+altos+ca+94022](http://maps.yahoo.com/maps_result?addr=i-280+%26+page+mill+rd&csz=los+altos+ca+94022)

**More information:** <http://paloaltocatholic.org/AofA.html> or contact Randy Jones, 408.739.2881, [age-of-aquinas@paloaltocatholic.org](mailto:age-of-aquinas@paloaltocatholic.org), or Carrie Karnos, [ckarnos@yahoo.com](mailto:ckarnos@yahoo.com).