AGE OF AQUINAS

a Bay Area group for Christian singles 40+

Next hike: Saturday, January 17, 9:00 am
Dance Helper dinner: Sunday, January 18, 6:00 pm
Next A of A dance: Saturday, January 31, 8:00 pm

Hike Report - Shoreline:
This morning's hikers were greeted by clear skies and warmer weather. After introductions the group got off on their walk at approximately 9:05. The walking group included one new comer and two more new comers joined the group for a snack and chat after the hike.

☺

The weather was perfect for bird watching and included sightings of a Great Blue Heron, Cinnamon Teals, two white American Pelicans, several Egrets, not to mention the usual crowd of Mallards, Coots, and Canada Geese. On our return, we were met by a welcoming committee of additional coffee-klatchers. Conversation was lively and Randy's absence was noted.

Hike Report - Edgewood:
This hike has got to be the undiscovered treasure of Saturday morning hiking! A 1 hour hike along the Sylvan Trail saw orange bellied birds with black wings and white polka dots, very pretty, lots and lots of birds singing, myriad white flowers with yellow centers all out of the ground. The dirt path is really friendly to fragile joints, compared with the hard asphalt paths. Then there was the enjoyable coffee from Canyon Coffee shop. All in all the hike was quite beautiful, with birds singing, butterflies flying, and wild flowers emerging.

Hike Report - Los Gatos Creek:
There were 3 of us for the Los Gatos walk. About 10:10, we left on our walk. There was some confusion over start time, but for a first time gathering, not too bad. All in all, it was a good walk. It's a lovely trail with lots of walkers, runners, and dog walkers.

If you're interested in helping at the dance, join Mabel at here house for a light dinner on Sunday, the **18th!** Then coming up on the **31st** is the ***Fifth Anniversary Dance***, when we have the ***Sharp Nines*** back by popular demand, so plan on coming and dancing to live music. For a complete rundown on all the latest events, visit: http://paloaltocatholic.org/aofa.html.

^^
Saturday, January 17, 2009 @ 9 am: *Shoreline Park Hike & Coffee*
Meet at *Lakeside Cafe* in Mountain View's Shoreline Park at 9 am. We'll start off from there and walk for about a half hour, then turn around and walk a half hour back to the café for coffee and/or brunch about 10:00 or 10:15 am. You don't have to make the hike to come to coffee! The hikes go on regardless of temperature, sky condition, or precipitation state!
Directions to Lakeside Café:
From northbound 101, take the Shoreline Blvd exit (*CAUTION!* Slow down! Tight off-ramp curve!) and turn right at the light (NOTE: *No* right on red).
From southbound 101, take the Shoreline Blvd exit and turn left at the light.
Once on Shoreline Blvd, follow it about 2 miles to the Lakeside Cafe parking lot. We will gather near the breezeway between the cafe and the aquatic center.
Map:
http://maps.yahoo.com/maps_result?addr=3160+n+shoreline+blvd&csz=mountain+view+ca++94043
More information: Visit http://paloaltocatholic.org/aofa.html, call Randy on 408.739.2881 or Email: age-of-aquinas@paloaltocatholic.org.

***** These hikes are every Saturday *****

^^^
Helpers are invited Sunday, January 18, 2009 @ 6:00 pm to the home of Mabel
for a light dinner and preparation for the dance. If interested in helping...
Email: Mabel m-ngo@sbcglobal.net.

^^^
Saturday, January 31, 2009 @ 8:00 pm: *Age of Aquinas 5th Anniversary Dance*
Come join the festivities celebrating **Age of Aquinas's *FIFTH* year!** The nights have started getting shorter, but they're still long enough to dance to the tunes of ***The Sharp Nines,*** back by popular demand! Warm up those cold winter nights with their repertoire of music that will stir your soul and get your feet moving!
Time: Doors open 8:00 pm, the music will start around 8:30 pm and go till about 11.
Cost: Still only $10.00! Snacks and beverages will be provided.
Location: St. Albert the Great Hospitality Center, 1095 Channing Ave, Palo Alto, CA 94301
Map: http://maps.yahoo.com/maps_result?addr=1095+channing+ave&csz=palo+alto+ca+94301.
More information: Contact Mabel by email: m-ngo@sbcglobal.net, or Tom by phone: 408.298.2064, or visit http://paloaltocatholci.org/AofA.html.

***** Those who hear not the music think the dancers mad! *****